

# Personal Emergency Survival Kit

When Putting this kit together, one must keep in mind it's purpose, i.e. just what the name says. It is for 1 person's absolute emergency survival kit.

We used to use the a bicycle saddle bag because you could use the straps to tie it onto your belt when you had to use it, but it was still small enough to keep in your school bag, handbag, work brief case and the car's cubbyhole.

You need:

1. Container/bag for the emergency kit
2. Matches (Waterproof)
3. Waterproof container for matches and strike strip (adds weight)
4. Small bandage
5. Small roll plater
6. 2 meters of fishing line
7. 2-3 fishing hooks
8. Small float (0.25 of a wine cork)
9. Small compass (ball type to save space)
10. Emergency Blanket
11. Whistle
12. String 3-5 mtrs
13. 2 plastic bags (to collect water if none is readily available)
14. 3 or 4 elastic bands.
15. Sheet of plastic (350x350mm to collect water if not plants are available).
16. Pencil (short)
17. 1 sheet of paper
18. Pencil flashlight
19. Small knife/multi tool
20. Water purification tablets
21. 48 hrs chronic medication (this must be exchanged every once in a while, to ensure that they do not expire).

At this point you will have to start considering weight and space in the emergency kit's bag. You need to consider what your needs will be in your region and expected emergency. Don't be scared to adapt your kit to your expected needs.

Don't be tempted to add big items, bottles etc. There will, in all likelihood, be plastic bottles laying around as you escape which you can collect for later use.

The fishing line and string can also be used to trap birds and small mammals for food.